

My E-lesson

Module 3: Personal Development

Activity 3: My Abilities

Name: _____

Class: _____

Think about your transferable skills and then answer the questions below:

Problem Solving	Critical thinking and reasoning	Communication	Collaboration	Creativity and innovation
Leadership	Information and media literacy	Information technology and communication skills	Self-management skills	Organisation skills

1. From the above 10 transferable skills, which one is the most confident for you to master? Please write it on the thumb of the hand on your worksheet.
2. Please write four other abilities that you possess on the remaining fingers of the hand. (With the index finger being the second strongest and the pinky finger being the weakest.)
3. Try to share the examples to illustrate how these abilities are demonstrated in daily life.

Real-life Examples:

Real-life Examples:

Real-life Examples:

Real-life Examples:

Real-life Examples:

MY ABILITIES